



Internship Title: Communications Intern

Location: Thika, Kenya.

Reports to: Programmes Coordinator.

About DAT

Diabetes Awareness Trust (DAT) is a Kenyan non-profit organization working to reduce suffering and prevent new cases of diabetes and other non-communicable diseases (NCDs) through awareness creation, nutrition education, consumer information, and advocacy. Learn more; <https://diabetesawarenesstrust.org/>

Role Summary

We are seeking a Communications Intern who is highly skilled in digital content creation and passionate about health, nutrition, and community impact.

Key Responsibilities

- ❖ Create engaging digital content for social media (graphics, captions, short videos, reels).
- ❖ Support documentation of DAT activities (events, trainings, community engagements).
- ❖ Assist in managing DAT's social media platforms and website content.
- ❖ Support development of newsletters, briefs, and advocacy materials.
- ❖ Contribute to storytelling around nutrition, safe foods, and healthy lifestyles.

Qualifications & Experience

- ❖ Degree or currently completing a degree in Nutrition & Dietetics, Public Health, Communication, or a related field.
- ❖ Strong skills in digital content creation and social media management.
- ❖ Experience using tools such as Canva, Adobe tools, or similar.
- ❖ Good writing and visual storytelling skills.
- ❖ Interest in nutrition, NCDs, agroecology, or public health advocacy.
- ❖ Video creation and editing experience is a strong added advantage

Key Competencies

- ❖ Willingness to learn, take initiative, and work collaboratively with the team.
- ❖ Ethical, respectful, and sensitive when engaging communities and documenting stories.
- ❖ Attention to detail and commitment to quality, accuracy, and consistency.
- ❖ Ability to work independently, take initiative, and follow through on assignments.
- ❖ Good time management and ability to meet deadlines.
- ❖ Strong interpersonal skills and professionalism when working with communities, partners, and health actors.

How to Apply:

Interested candidates should submit their CV and cover letter indicating their suitability for the role to careers@diabetesawarenesstrust.org With subject line; **Communication Intern Application by 31st January, 2026.**